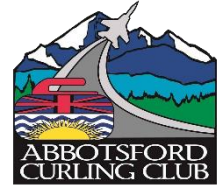


# ADULT WAIVER INFORMED CONSENT AND ASSUMPTION OF RISK



## WARNING! THIS IS A BINDING LEGAL AGREEMENT

By signing this document, you will waive certain legal rights including the right to sue.  
Please read carefully and clarify any questions or concerns before signing this document.

1. As a participant in the sport of curling ("Curling") and the programs, activities and events of the Abbotsford Curling Club (the "Curling Activities"), I, \_\_\_\_\_ acknowledge and agree to the following terms:

### Disclaimer

2. The Abbotsford Curling Club and its directors, officers, committee members, employees, coaches, volunteers, officials, participants, agents, sponsors, owner/operators of the facility, and representatives (the "Releasees") are not responsible for any injury, property damage, expense, loss of income, damage or loss of any kind that I may suffer during, or as a result of, Curling or any of the Curling Activities, whether caused by the negligence of the Releasees or otherwise.

### Inherent Risks of Curling Activities

3. I acknowledge and understand that Curling and Curling Activities have some inherent risks. The combination of physically active participants, heavy moving stones, sudden movement, physical exertion, a cold environment, and slippery surfaces, on or off the ice, may create conditions where the potential for physical injury to myself is very high. I further acknowledge that I am in good physical health and do not suffer from any known disability or condition which would prevent or limit my voluntary participation in Curling or in any of the Curling Activities and my participation could result in injury.

4. I am aware:

- a) That injuries in Curling and the Curling Activities can be severe and include, but are not limited to, concussions, other head injuries, heart attacks, stroke, muscle strains, muscle pulls, muscle tears, general muscles soreness, broken bones, injuries to knees and other joints of the body, injuries to the back;
- b) That my risk of injury is reduced if I follow all the rules established for participation in Curling and the Curling Activities; and
- c) That my risk of injury increases as I become tired.

### Assumption of Risk

5. In consideration of the Releasees allowing me to participate in Curling and the Curling Activities, I acknowledge:
- a) That the Releasees have strongly recommended that I wear a CSA-approved helmet designed for ice sports (the "Helmet") to limit the risk of concussion or other head injury (the "Helmet Recommendation"); and
  - b) That in choosing not to wear a Helmet, contrary to the Helmet Recommendation, I am at risk of injury.
6. In further consideration of the Releasees allowing me to participate in the Curling Activities, I agree to voluntarily accept and fully assume all risks, danger and hazards and possibility of personal inputs, death, property damage, expense and related loss, including loss of income, resulting from my participation in Curling and the Curling Activities.

### Photo, Audio & Video Release

7. I understand that Curling Activities may be recorded, photographed, or live-streamed, including continuous recording during league play and events. I may appear incidentally in recordings even when not actively participating. I consent to the Abbotsford Curling Club capturing and broadcasting these recordings, including on platforms such as YouTube, and I release the Club from any claims related to the use of such images or recordings.
8. I acknowledge that I have read this agreement and understand it, that I have executed this agreement voluntarily, and that this agreement is binding upon myself, my heirs, executors, administrators and representatives.

(Please turn over to sign waiver)

**To be completed by the Participant:**

**Printed Name of Participant:** \_\_\_\_\_

**Signature of Participant:** \_\_\_\_\_

\_\_\_\_\_

**Phone number:** \_\_\_\_\_

**Date: (dd/mm/yyyy)**

**Email address:** \_\_\_\_\_