


**FOR IMMEDIATE RELEASE**

## **Abbotsford Curling Club Expands High-Performance Camp to Individual Curlers**


**Abbotsford, BC – September 15, 2025** – The Abbotsford Curling Club is proud to announce its upcoming **High-Performance Camp** in partnership with the **Academy of Curling**, featuring world-class instructors **Russ Howard, Mary-Anne Arsenault, and Grant Odishaw**.




Originally limited to full teams, the camp has now been expanded to welcome **individual curlers** eager to sharpen their skills. Participants will have the chance to train directly with some of the most accomplished curlers in the sport, whether they sign up individually or with teammates.

 **Dates:** Monday, September 22, and Tuesday, September 23, 2025

 **Time:** 5:00 p.m. – 9:00 p.m.


 **Location:** Abbotsford Curling Club

 **Fee:** \$100 per curler

“This change opens the door for motivated curlers who may not have a full team but still want to take advantage of this unique training opportunity,” said Kent, Club Manager. “It’s a rare chance to learn from legends of the game in an intimate, high-performance setting.”

The camp will include instruction in **strategy, sweeping, delivery mechanics, communication, and team dynamics**. Coaches and 5th players are strongly encouraged to participate.

## Registration & Contact

 **Email:** [manager@abbotsfordcurling.com](mailto:manager@abbotsfordcurling.com)

 **Register online:** [abbotsford.curling.io/en/competitions](https://abbotsford.curling.io/en/competitions)

 **More info:** [abbotsfordcurling.com](https://abbotsfordcurling.com)